

## In our March 2021

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519-837-2050

## Let's Get Social!



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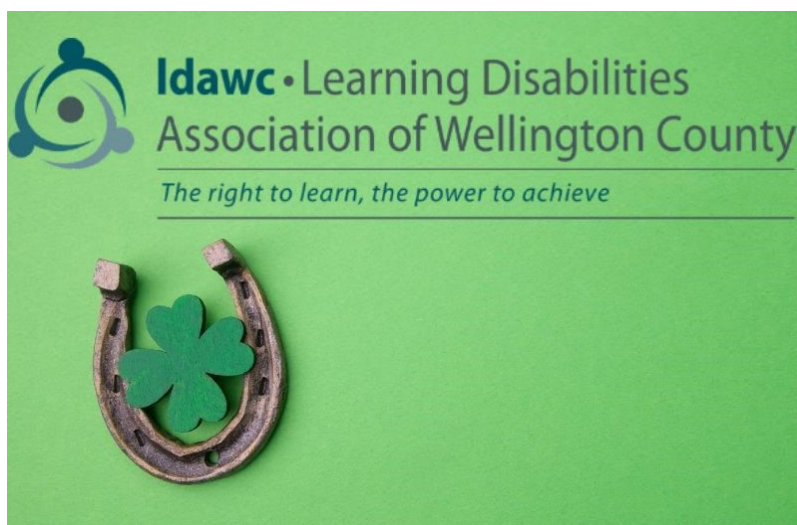
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# March 2021 LDAWC News



## Welcome to March!

We are all hoping that with a little luck, we will soon be past the pandemic and once again returning to life pre-COVID-19. For now, we carry on, with our virtual programs and workshops, our Zoom and Teams meetings and many, many emails.

There is so much news to share, so we'll get right to it!

We recently opened registration for our spring Reading Rocks program. The spots filled up quickly, so we have closed the registration link and will open the summer registration in the coming weeks. Stay tuned for more information at <https://ldawc.ca/services.html>.

Looking for some great reading? Our [blogs](#) are added to our website weekly, filled with great information and insight into the minds we love and support.

**Friendly reminder!** Don't forget to mark your calendars and save-the-date for our 7th Annual Family Conference on Saturday October 16th, 2021. We are excited to be hosting renowned author, parenting expert and consultant, **Rick Lavoie**, as our

Keynote speaker. Please read on for more details.



Our [workshops](#) have also been filling up quickly. Please register early. They are all virtual events, so you can enjoy them from the comfort of your home, slippers up and a warm beverage in hand.

## Upcoming LDAWC Events



### **Mar. 8th- LDAWC - VIRTUAL PEER SUPPORT NETWORK** ([click on this link to register](#))

Join us for a group discussion on self-care and its importance, even when it doesn't seem like there is any time for it.

Come join our Peer Support Network and meet other parents on a similar journey to yours. LDAWC peer support network's goal is to provide an informal setting to share experiences, challenges, successes and resources. Living, learning and/or working with a LD, or supporting a family member with LD, has its ups and downs. Come learn from others. (7:00-8:30 pm)



### **Mar. 17th- SOCIAL MEDIA, CYBERBULLYING AND SAFE INTERNET USE** ([click on this link to register](#))

The Internet can be a dangerous place. Learn how to keep your children safe on social media and what they need to do to stay safe online. Officer Laurie McCann gives an engaging presentation with incredibly insightful information. (6:30-8:00 pm) \*Registration fee will go directly to support LDAWC.

**Mar. 29th- LDAWC- [SOAR- \(Some Assembly Required\) Transition Planning Program](#)** Are you or your child in grades 7-9 with an LD or ADHD? Looking to prepare for the changes of high school? Sign up for SOAR! Runs Mondays starting March 29th to Monday, May 3rd- 6:30 pm-8:00 pm. Click on the link for more information. Limited spots available! Register today! \$50.00 for members, \$90.00 for non-members. (All fees help support the LDAWC).

**Coming Soon! LDAWC- Social Skills Program-** Are you looking for a program that assists in the development of social skills and social problem-solving strategies, while also promoting self-esteem



This seminar will explore and explain the connection between learning disorders and social competence and offer specific strategies that can be used to teach friendship skills to children and youth with special needs.

**Breakout Sessions include:** Healthy Peer Interactions, Social Skills Development, Social Impact of Learning Disabilities, EdTech, Social Media, Cyberbullying & Internet Safety, Relationships and more!

For More Information: [info@LDAWC.ca](mailto:info@LDAWC.ca) or 519-837-2050

## Webinars

**Tuesday, March 2nd** at 1:00 pm- [Discipline Strategies for ADHD: How to Manage Your Child's Most Challenging Behaviors](#) (ADDitude)

**Tuesday, March 2nd** at 1:00 pm- [Math Equals-Supporting Students with Complex Needs at School and at Home](#) (Bridges Canada)

**Wednesday, March 3rd** at 7:00 pm- [Webinar: Your Next Steps: College and Career Prep for Young Adults with ADHD](#) Presented by (CHADD-Centre for ADHD Awareness Canada)

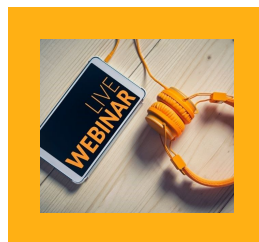
**Thursday, March 4th** at 6:30 pm- [Parenting for Student Success During a Pandemic](#) (UGDSB Parent Involvement Committee)

**Thursday, March 4th** at 7:00 pm- [Making Successful Transitions in Education for Students with LDs](#) (LDAK with Gail Eaton-Smith)

**Thursday, March 11th** at 7:00 pm- [Research on Inclusive Education Panel](#) (by Inclusive Communities Canada - Brock)

**Thursday, March 25th** at 1:00 pm Eastern- [ADHD, Clarified: New Research and Essential Strategies for Thriving with ADHD](#) (ADDitude)

**Thursday, March 25th** at 6:30 pm- [Funding Resources for People with Developmental Disabilities](#) (Aaniin Community Centre & Library)



## Local Events

**Guelph Public Library-** explore their virtual events for the month of [MARCH](#) Everything from creative crafts to writing contests, story times and even a Pokemon Fan Club!

**City of Guelph Programs for People with Disabilities-** [Registration starts March 3rd at 7:30 am.](#)

**Wellington County Youth Services-** Check out their [list of offerings!](#)

**Wellington County Museum and Archives-** There is so much fun to be had with the [Museum on your Doorstep Craft Kits - check out their March calendar for more information.](#)

## Articles and Videos

[What is it like to have dyslexia?](#) A video compilation of children who share what dyslexia is like for them. (Shared on You Tube by Learning Ally)

[What is dyscalculia?](#) This is a great informational piece by the team at Understood.org on what dyscalculia is (A learning disability in math). It includes a fantastic fact sheet as well for quick reference.



**DID YOU KNOW?**



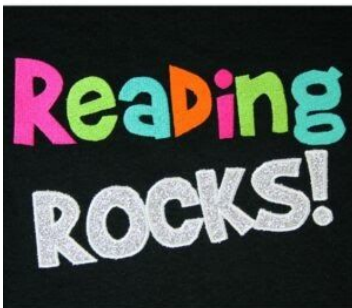
Most people with learning disabilities have average or above-average intelligence.

MEMBERSHIP: BECOME A MEMBER TODAY

**LDAO**

**\*Be Sure to Choose LDA Wellington County as your Affiliate Membership\***

## Exciting opportunity!



Are you looking for a volunteer position?

*We are looking for enthusiastic, committed, motivated people who would like to be positive role models for our Reading Rocks program.*

In this volunteer role you will be working one-on-one with a child aged 6-12, helping them with reading skills. Excellent oral and written English language skills are a must, as is **reliable and secure**

**high-speed internet access.**

For more information: <https://ldawc.ca/volunteer-reading-rocks.html>

## **They need our support. We need a place to do that.**

People with learning disabilities can succeed when taught coping skills and learning strategies but if left unsupported, their mental health and well-being will be at risk. In fact, 50% of adolescent suicides involve a youth with learning disabilities.

### **Now Imagine if that was your child.**

Children in our community that have a learning disability, require specific skills and strategies to focus on strengths and minimize, improve or work around weaknesses.

**Our organization exists to provide specialized programs, resources and support to families, children and educators.**

If you are looking for a way to give back, please consider [supporting learning disabilities](#) and let's make a difference together, for the families in our community.

**All donations will receive a tax receipt.**



*The Learning Disabilities Association of Wellington County does not endorse, recommend, or make representations with respect to the research, services, programs, medications, products, or treatments referenced in this newsletter. The material provided in this newsletter is designed for educational and informational purposes only.*