



The Learning Disabilities Association of Wellington County does not endorse, recommend, or make representations with respect to the research, services, programs, medications, products, or treatments referenced in this newsletter. The material provided in this newsletter is designed for educational and informational purposes only.

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## July 2020 LDawc News

Summer is here! This week’s website Blog Post talks about Summer Reading. Summer reading is a way for youth (and adults) to explore their interests and keep their reading skills current. It also provides a much needed break from computers and electronics. Check it out at <https://ldawc.ca/blog.html>.

Don’t forget to mark your calendars and save-the-date for our 6th Annual Family Conference on Saturday October 17th, 2020. We are excited to be hosting Parenting Expert Ann Douglas as our Keynote speaker. Please see page 2 for more details.

Starting July 7th and 8th, we are pleased to be starting our first on-line offerings of two youth programs:

1. *On-line SOAR (Some Assembly Required) Transition to Highschool -Skills Program-for Students LDs or ADHD*
2. *On-line Typing Skills Program*

Registration is filling up quickly and ends soon. Please see our website for more information.

**Follow us on social media:**



[facebook.com/LDAWellington County](https://facebook.com/LDAWellingtonCounty)



[twitter.com/lda\\_wellington](https://twitter.com/lda_wellington)

We hope that everyone in our community finds safe ways to enjoy summer activities and time with family and friends. Enjoy some outdoor activities and the sunshine ☀️.

As always, please contact us if you have any questions or need resources. [info@ldawc.ca](mailto:info@ldawc.ca)

Thanks for being part of our community!



## [Upcoming LDAWC Events](#)

# SAVE THE DATE!

Looking for Tools & Strategies to support your Child's  
Mental Health & Learning?

**JOIN US!**

## 6<sup>th</sup> Annual Family Conference

Date: Saturday, October 17, 2020

Time: 8:30 am – 3:40 pm

Location: Guelph, TBD

Registration opening soon. No Charge to Attend.

Find out more: <https://ldawc.ca/annual-family-conference.html>



**Who should attend:** Parents/caregivers of children with learning disabilities and/or ADHD seeking tools & strategies to support mental health & learning at school and at home.

**Keynote Speaker:** Ann Douglas, Author and Parenting Expert



### **Parenting in an Age of Anxiety: A Stress and Anxiety Toolkit for Parents.**

This presentation will address that all kids experience stress and anxiety. These emotions are part of being human, after all. But one in eight children experiences such a high level of anxiety that the child finds it difficult to manage at home or at school.

**Breakout Sessions include:** EdTech, Wellness, IEPs, Executive Function & More!

For More Information: [info@ldawc.ca](mailto:info@ldawc.ca) or 519-837-2050

## Articles and Information



### **New Canadian Resource Map for ADHD**

The Centre for ADHD Awareness Canada has a new resource to help you find help in Canada. Resources include: ADHD Coaches, Advocates, Camps, Clinics and Assessments Centres, Recreation Programs, Schools, Support Groups, and Tutors.

[CADDAC ADHD Resource Map](#)



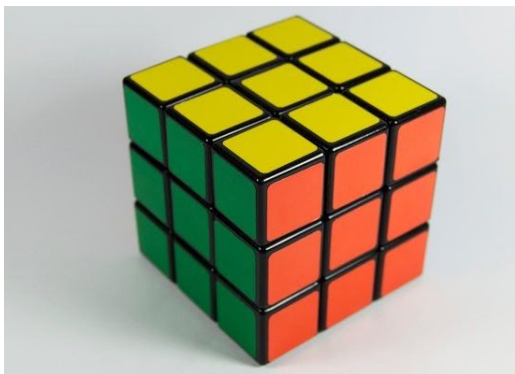
### **New 2020 Elementary Math Curriculum**

On June 23rd, The Ministry of Education introduced new math curriculum which contains five main areas of focus:

- Social emotional learning skills: developing confidence; learning to use a range of strategies to cope with challenges, think critically, and learn from mistakes
- Numbers: fundamental number skills, learning multiplication, and about fractions in earlier grades
- Algebra: learning about patterns, mathematic modelling, using math to make predictions
- Data: collecting, organizing, displaying and analyzing data to make convincing arguments, informed decisions and predictions
- Spatial sense: using measurement and geometry to describe and explore the world
- Financial literacy: developing skills and knowledge about the value and use of money

While the curriculum is sound, there is controversy over whether this is the appropriate time (with so many other health and learning considerations) to have such big changes.

[Read the New Ontario Math Curriculum and Parent Guide](#)



### **Don't Let "But my Kid is Smart!" prevent you from getting your Child Help for ADHD and Learning Issues**

Of course your child is intelligent. Intelligence isn't the only skill needed to succeed in school. Learning in a classroom also requires skills that can be negatively impacted by ADHD, such as: turn taking, patience, thinking before speaking, completing tasks, organizing work, remembering important details. Similarly with LDs: your child is smart, but still needs tools and training to learn and perform to their potential.

[ADHD and Intelligence - Need for Treatment?](#)

## Updates from Local School Boards

### Upper Grand District School Board (UGDSB)

On June 26, the UGDSB Director of Education posted a letter to parents, guardians and students. The letter has a link to the document outlining special supports that can be accessed this summer. The letter also talks about the three scenarios proposed, by the Education Minister, for the return to school this fall.

[https://www.ugdsb.ca/blog/letter-from-the-director-to-parents-guardians-and-students-june-26-2020/UGDSB Summer School 2020](https://www.ugdsb.ca/blog/letter-from-the-director-to-parents-guardians-and-students-june-26-2020/UGDSB%20Summer%20School%202020)

The UGDSB has posted two surveys: one for parents/guardians and the second for students.



*The deadline to complete the surveys is Friday July 10, 2020.*

-To complete the parent/guardian survey, click here:

<http://ow.ly/UR6I50AIHaW>

-To complete the student survey (grades 7-12), click here:

<http://ow.ly/oexo50AIHdO>

The surveys are anonymous. Information collected from the surveys will help the board in their planning process as we make plans for school restarting in September.

Updates for UGDSB school communities will continue to be posted at [www.ugdsb.ca/covid19](http://www.ugdsb.ca/covid19), on the UGConnect mobile app, and on Twitter @ugdsb.

### Wellington Catholic District School Board



For Updates from the Wellington Catholic School Board:

[Coronavirus \(COVID-19\) – Board](#) and

<https://www.wellingtoncdsb.ca/>

Did you Know?

Approximately 7% of Children have Learning Disabilities.

## MEMBERSHIP: BECOME A MEMBER TODAY

[LDAO](#)

\*Be Sure to Choose LDA Wellington County as your Affiliate Membership\*

MAIL-IN Membership: Print this Form

[LDAWC Membership Application](#)

## [Classes, Conferences & Podcasts](#)

Kids Ability Youth Advisory Council and the Canadian Mental Health Association of Waterloo Wellington is hosting an on-line movie and trivia night for teens on July 8th.

<https://forms.gle/FWyr8YiJ76SPyhuK9>

The International Dyslexia Society of Ontario has Affordable Courses this summer. They are offering on-line courses in Sentence Structure and Paragraph Writing.

<https://www.idaontario.com/projectreadcourses/>

LD@School (part of the Learning Disabilities Association of Ontario) is hosting an on-line Educators Conference on August 18th and 19th.

<https://www.ldatschool.ca/annual-educators-institute/program/>

Understood.org has a PodCast series with topics such as:

- Why let your child fail?
- Tantrum or meltdown?
- ADHD in Girls: Overlooked?

[https://www.understood.org/pages/en/families/podcast-init/?utm\\_medium=email&utm\\_source=newletter-en&utm\\_campaign=podcast-june20-fm&utm\\_content=post-s2-ep7](https://www.understood.org/pages/en/families/podcast-init/?utm_medium=email&utm_source=newletter-en&utm_campaign=podcast-june20-fm&utm_content=post-s2-ep7)