# In our June 2021 Issue: LDAWC News.....pg 1 Events & Workshops.....pg 2 Webinars & Local events....pg 3 Family Conference 2021....pg 4 Summer Camps, Articles & Videos...... pg 5 Community Supporters & Membership.....pg 6 Volunteers needed.....pg 7 LDAWC.ca

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# Let's Get Social!











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We need your support!



Please consider a donation. Your gift is their future.

https://ldawc.ca/donate.html

# June 2021 LDAWC News

# **LDAWC News**

Click on the Quick Peek Program Calendar below to check out our upcoming programs and events.



You will also find more detailed information on our Events page and our Programs Page.

### Your favourite programs are back for summer sessions!



SOAR- Transition to High School- July 5th, 2021 to July 21st, 2021-1 1/2 hour sessions, twice a week for 3 weeks. (Mon/Wed)











#### **Executive Skills Program-**

This program will run twice a week from July 6th, 2021 to July 29th, 2021 from 1:30-3:00 pm. \*\*Please note the last day will be 1:30 pm-3:30 pm. (Tues/Thurs)

#### Social Skills Program-

This program will run twice a week from July 6th to July 29th, 2021 from 1:30-3:00 pm. (Tues/Thurs)



Our <u>workshops</u> have a variety of topics to choose from, with more on the way. **Please register early!** They are **all virtual events**.

Please let us know if there are speakers you would like to hear from or a topic you would love to know more about. Write to us at info@ldawc.ca.

# **Upcoming LDAWC Workshops & Events**

LDAWC- OVERCOMING CHALLENGES TO BECOME YOUR BEST SELF- WITH COLBY SHARMA- Wednesday, September 22nd at 7:00 pm

<u>LDAWC- CARE FOR THE CAREGIVER VIRTUAL WORKSHOP-</u> Wednesday, October 27th at 6:30 pm

Please be sure to register in advance. Thank you so much for your interest!







### **Webinars and Virtual Events**

Wednesday, June 2nd at 1:00 pm- <u>Make a Summer Comeback: How Students with ADHD Can Regain Lost Academic Ground and Have Fun</u> (ADDitude)

Tuesday, June 8th at 1:00pm- <u>Diagnosing and Treating Eating Disorders in Children and Adults with ADHD</u> (ADDitude)

Tuesday, June 15th at 7:00pm - Friendship & ADHD (Shift Your Thinking)

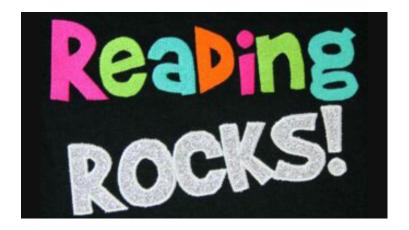
Tuesday, June 22nd at 1:00pm- Complex ADHD: The New Approach to Understanding, Diagnosing, and Treating Comorbidities in Concert (ADDitude)

Anytime viewing- Webinars from CAADAC with topics such as:

- ADHD and Older Adults
- Females, Hormones and ADHD
- Tips for Understanding the ADHD Mind and Navigating an Adult ADHD Relationship When You Don't have ADHD

Anytime viewing- Webinars from Dyslexia Canada, including:

- Assistive technology and tools for students & adults with dyslexia
- Getting ready to read: preparing your preschooler for reading and writing



### **Volunteers**

**Reading Rocks-** Interested in becoming a tutor and working one-to-one with a student in our Reading Rocks program? <u>Find out more.</u>

### **Local Events**

**Guelph Public Library-** explore their virtual events for the <u>month of JUNE</u>. Everything from creative crafts to writing contests, virtual story times to sing alongs!

**Wellington County Library-** a fantastic line-up of activities are ready for you this JUNE.





**Guelph & District Multi-Cultural Festival- June 11th-13th, 2021**. Pre-recorded and live events, performances, cooking shows, activities for children, arts and crafts and more! See <u>GDMF.ca</u> for more details!

**Big Brothers Big Sisters of Centre Wellington** - virtual mentoring Go Girls and Game On spring groups for youth 11-14 years (grades 6-8). These groups are intended to help youth create healthy lifestyle skills by focusing our weekly sessions on physical activity, balanced eating and feeling good. Youth learn healthy ways to cope with stress, peer pressure, bullying, and maintaining positive body image while learning the importance of positive self-talk.

Go Girls Registration (for girls 11-14yrs):

https://centrewellington.bigbrothersbigsisters.ca/go-girls-registration/

Game On Registration (for boys 11-14yrs):

https://centrewellington.bigbrothersbigsisters.ca/game-on-registration/

# **SAVE THE DATE!**

Looking for Tools & Strategies to support your Child's Social Skills & Learning?

Join us for

Learning Disabilities Association of Wellington County's

7<sup>th</sup> Annual Family Conference Sponsored by



With Keynote Speaker: World renowned motivational speaker, special education expert, parenting expert and author Rick Lavoie, presenting

"Last one picked, First one picked on..."

Ten ways that parents and teachers can improve kids' social skills

**Date:** Saturday, October 16th, 2021 **Time:** 9:00 am – 3:40 pm

**Location:** This is a <u>FREE</u> Virtual Event via Zoom









Don't miss this popular event with some incredible speakers. More details coming soon.



## **Summer Camps**

**Camp Kennebec-** Camp Kennebec, is a wonderful place where kids & teens with special needs have a great time, accomplish more than they ever expected, make new friends, and best of all, create the fabulous summer memories they deserve. <a href="https://campkennebec.com/">https://campkennebec.com/</a> 613-335-2114

**Camp Kirk-** Camp for children ages 6 to 13 with Learning Disabilities, Attention Deficit Disorders & ASD. Camp Kirk offers a nurturing, non-competitive and structured environment where children with exceptionalities can learn social and physical skills to empower them and help them become the best that they can be. <a href="https://www.campkirk.com/">https://www.campkirk.com/</a> 416-782-3310

**Camp Kodiak-** A unique, integrated, non-competitive summer camp for children & teens with & without Learning Disabilities, ADHD, and High-Functioning ASD. (approx. 3.5 hours North of Guelph)

https://www.campkodiak.com/ (705) 389-1910

## **Articles and Videos**

ADHD in Adulthood- The Signs You Need To Know (YouTube: MedCircle)

<u>Dyslexia Awareness- About Dyslexia Part 1</u> (YouTube: Made by Dyslexia) See if you recognize some of the famous faces in this informative video!

<u>Learn At Home- (LD@School)</u>- Free resources for parents of students with LDs from Kindergarten to Grade 8.









We would like to thank and gratefully acknowledge our community supporters:

**Rotary Club of Fergus-Elora** 



for their support of our Social Skills program.

If you are looking to support an organization please consider the Learning Disabilities

Association of Wellington County. Contact Renná at <a href="mailto:executiv@ldawc.ca">executir@ldawc.ca</a> for more information on how your help will make a difference.

#### **DID YOU KNOW?**

Learning Disabilities (LDs) affect people of all ages.









Are you looking to Volunteer and make a difference? Become a tutor in our Reading Rocks program and work one-on-one with a student online this summer! Find out more <a href="here.">here.</a>

**MEMBERSHIP: BECOME A MEMBER TODAY** 

# <u>LDAO</u>

\*Be Sure to Choose LDA Wellington County as your Affiliate Membership\*









We want to thank our members for their support. Without your support, we could not support families the way we do. So, to show our thanks, we are offering a giveaway of a \$50.00 gift card to Indigo to one lucky member. If you are currently a member, your name automatically goes into the draw! Not yet a member or membership has expired? Click here!

Winner will be announced on June 23rd, 2021!



The Learning Disabilities Association of Wellington County does not endorse, recommend, or make representations with respect to the research, services, programs, medications, products, or treatments referenced in this newsletter. The material provided in this newsletter is designed for educational and informational purposes only.



