

Family Conference 2021

Breakout #5

Strategies around Employment, Friends, Family & Relationships for those with ADHD

Professor Alina Kislenko, Registered Psychotherapist, Founder of The ADHD and Asperger's/ASD Centre



Alina Kislenko is an Assistant Neuroscience & Psychiatry Professor at McMaster School of Medicine and a Psychotherapist who is Autistic and ADHD. She also founded and runs the award-winning ADHD & Asperger's/ASD Centres in Guelph and Ottawa, as well as a not for profit for women in poverty to access STEM and build business skills. She does interactive presentations all over the world and has been on many international tv and radio shows to educate about neurodivergence. Alina's centres are the only ADHD & Autism Centres in the world that only hire neurodivergent practitioners to avoid common ableism in the mental health field. They offer ADHD & Autism diagnosis, counselling, coaching, online classes, and video courses and see clients from anywhere. Her website is www.ADHDInterrupted.com.