



Executive Skills

Over 70 students supported in the past 3 years

Provides an academic and professional foundation for youth with ADHD by focusing on key areas such as:

- ✓ Planning
- ✓ Time Management
- ✓ Organization
- ✓ Task Initiation
- ✓ Impulse Control
- ✓ Sustained Attention
- ✓ Working Memory
- ✓ Self Awareness
- ✓ Flexibility

Program Impact

Parents & Caregivers have said:

"Thank you so much for your efforts on behalf of our children. They are learning (and are enjoying learning) in your classes."

